



Peacock Press



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On Tuesday, ~~4th~~ the Roman Plunge Swimming Pool will be open from 12 noon until 6:00 p.m., so bring the entire family and come celebrate Independence Day with us in your bathing suit!

(See page 3 for more information about this facility)



On Monday, July 3rd & Tuesday, July 4th, the Trident Room, Club Del Monte, El Prado Dining Room, ITT Office, Marina, and Administrative Offices will be closed. On July 4th ONLY, the Youth Center, Child Development Center and Monterey Bay Athletic Club will be closed.



From the kitchen of
Chef Hugh Butler
comes this month's
Wednesday Night
Trident Room (4-9pm)
Dinner Special:



Grilled Mahi Mahi

with Kiwi Relish

*Served with Herb Basmati
Rice, Fresh Vegetables &
Chef's Choice of Dessert*

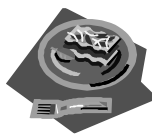
\$9.50 per plate

In the mood for some
Italian food? Then
you'll really enjoy our
Friday Lunch Special this
month in the El Prado Dining
Room!



Every Friday in July we're serv-
ing:

Meat Lasa- gna



Served with a Fresh Green
Salad and Delicious Garlic

Liberty Corner (Programs for Enlisted Single Sailors)

Trivia Question: What year was the Snickers Bar introduced?

Ticket Trivia: The first Single Sailor to call the Liberty Office at 656-5232 with the correct answer will win 2 tickets to the International Superbike Classic at Laguna Seca, for Saturday, July 8th.

4th of July Survival Kits: Can't celebrate the 4th without your survival kit! Kits will be personally delivered to your workplace!



Attention all Enlisted Single and Geo-bachelor Sailors

It's Lunch Italiano!

Don't bring or buy your lunch today because you're dining for FREE! Come dine on delicious pasta, with garlic bread, salad and dessert. It's ALL-U-CAN-EAT! Just bring your spirit for fun and get ready to play some games!



Wednesday, July 19, 2000

11:30 a.m. until 1:00 p.m.

In the La Novia Room

Cost: FREE

RSVP Deadline Date is Friday, July 14th. Contact Beth at 656-5232 for more information.

22nd Annual Gilroy Garlic Festival

It's time for another Liberty Adventure!

Hop in the van and we're off to the Gilroy Garlic Festival for an afternoon of food, sun and entertainment. All you need to do is sign up in the MWR ITT Ticket Office for a FREE ride. Your admission is paid at the gate! What else do you have to do on a Saturday afternoon?



Saturday, July 29, 2000

Depart 10:00 a.m. and Return 5:00 p.m.

Cost: \$10.00 admission (pay at the gate)

Sign-up deadline is Monday, July 24th. (Minimum of 8 sign-ups needed) Contact

Beth at 656-5232 for more information or visit the ITT Office in Herrmann Hall, Bldg 220.

CLUB DEL MONTE

Here's an invitation for you from the MWR Catering Sales Office:



Make your reservations now for your very special celebration at Club Del Monte!

We can accommodate group sizes of 25 to 900 people with rooms available for intimate gatherings all the way up to the regal grandeur of the Barbara McNitt Ballroom.

Among the many events held here are graduation celebrations, retirements, weddings, receptions, staff and command parties, family gatherings, dances, reunions and much more!

Invite your family, friends and co-workers for a truly memorable time at Club Del Monte! More information is available through the Catering Sales Office at 656-1049.

WEEKDAY HOT BREAKFAST



Did you know that hot breakfast is available in the El Prado Dining Room, from 6:45-8:30am, weekdays? It's true.

Typically, you will find scrambled eggs, breakfast meats, French toast or pancakes, and breakfast-style potatoes.

The cost is \$3.50 for a full meal, including coffee or tea. Single items are available ala carte, also.

NAVAL POSTGRADUATE SCHOOL

RADM R. H. Wells

Superintendent

CAPT R. L. Buschmann

Deputy Superintendent

CECS (SCW) C. S. Mroz

Command Senior Chief

Mary D. Aguilar

Director, Personnel and Military Services

Megan D. Ryan

MWR Director

Kim Andersen

Food & Beverage Manager

Chrystal J. Harris

Financial Officer

Beth Leone-Mullins

Leisure Services Manager

Cathy Austin

Child Development Program Administrator

Mike Valleau

Golf Course/RV Campground Manager

Brenda Dye

Newsletter Editor

The Peacock Press is a monthly publication of the MWR Department, Naval Postgraduate School. Information may be subject to change without notice.

All phone numbers are in area code 831.

MWR ADVISORY BOARD TO MEET JULY 5

The next MWR Advisory Board meeting is set for Wednesday, July 5, at 10:00 a.m. in the La Novia Room, Herrmann Hall, Bldg. 220.

All departments of the Naval Postgraduate School and tenant commands are encouraged to send representatives to these informative bi-monthly meetings.

This is your opportunity to gather the latest MWR info and to share your command's feedback with key MWR personnel.

For more on how your command can take part in the MWR Advisory Board, call the MWR Administrative Office at 656-1049.

For reservations or information about our special events and delicious menus, please call 656-2170.

**The Monterey Bay Athletic Club will be open on July 3rd, from 10am - 5pm.
We will be closed on Tuesday, July 4th.**

MONTEREY BAY ATHLETIC CLUB

CLASSES

? **Six Pack Attack:** Monday & Wednesday 4:30-4:45pm (**Not on July 3rd**)
This FREE class meets in the gym and will sculpt your abdominals. Open to all fitness center eligible patrons.

? **Box Combo:** Monday only at 5pm (**Not on July 3rd**)
Bringing fitness to new levels, this class combines traditional step with the hottest fitness craze-- CARDIO KICK-BOXING!

? **Step-N-Pump:** (½ Step and ½ Resistance Training) Tuesday only at 5pm
Check out this intensified cardiovascular workout that incorporates anaerobic intervals and step segments. This class will push your workout into a new zone before the final stretch.

? **Cardio Boxing:** Wednesday only at 5pm
Jab, kick and punch your way through your aerobic workout! Feel empowered as you train to improve fitness, strength, agility, balance and body control through aerobic kickboxing.

? **Just Step:** Thursday only at 5pm
Step up to a challenging bench class that will give you the intense training effect you've been looking for! Cool down and abdominals complete the workout.

? **Yoga:** Tuesday & Thursday at 12 noon
Relax, stretch, strengthen and tone! This class is designed to use both your mind and body to reach your fitness goals.



CLASS FEES ARE LISTED TO THE RIGHT:

NOTE: MWR fitness classes do not meet on Federal holidays.

ELIGIBLE PATRONS	AEROBICS DAILY	AEROBICS 8-PUNCH	AEROBICS 12-PUNCH	YOGA MONTHLY	YOGA DAILY
ACT. DUTY/RESERVIST	\$1	\$6	\$8	\$38	\$5
RETIREE/FAMILY MEMBER	\$2	\$12	\$18	\$39	\$5.50
DOD CIVILIAN	\$3	\$16	\$24	\$40	\$6

BICYCLE RENTALS

The Monterey Bay Athletic Club has adult sized bicycles available for rental by fitness center eligible patrons to meet their transportation needs or for recreational riding.



Two kinds of bikes are available for rental-- street bikes and six speed bikes. Rentals are conducted on a daily, weekend, weekly or monthly basis. All rentals include the use of a bicycle safety helmet, lock and chain. Bicycle rental prices are listed below:

BICYCLE	DAILY	WEEKEND	WEEKLY	MONTHLY
STREET	\$8	\$12	\$34	\$96
6-SPEED	\$10	\$15	\$42	\$120

Individuals wishing to rent a bicycle need to fill out a rental agreement and pay in advance for their rental at the fitness center, Bldg. 239.

FITNESS ORIENTATION CLASSES

When: Monday 0900 – 1000

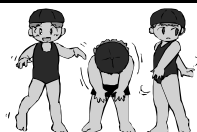
Tuesday 1900 – 2000 Thursday 1330 – 1430

Who: All eligible Fitness Center patrons

What: The Fitness Orientation Class is designed to help new and current patrons learn how to use the equipment properly and learn proper etiquette for each of the areas within the facility. This includes the cardiovascular equipment and weight machines. Heather Golden, MWR Personal Trainer, is conducting the sessions. The session is free and class size is limited to 5 adults per one hour class. Sign-up at the Fitness Center Front Desk.

**For more information about any of these programs,
please call the fitness center at, 656-3118.**

ROMAN PLUNGE SWIMMING POOL



Summer is here and it's time to learn how to swim or improve on the swimming skills you already know. This year we are offering three sessions for our swim program.

8 Half Hour Morning Lessons per Session (Tuesdays through Fridays):

Session 1: June 20-23 and June 27-30

Session 2: July 11-14 and July 18-21

Session 3: July 25-28 and August 1-4

Class Fees:

? Family Members of Active Duty and Reservists \$25.00/Session
? Family Members of Retired Military Personnel \$27.00/Session
? Family Members of DoD Civilians \$30.00/Session

The swimming lessons for each session will include:

Parent & Child (6 months– 3 years) - In this class an adult must be in the water with their child at all times. Class goals will be to develop a high comfort level in young children in and around the water, to develop breathe control, work on basic swimming and survival skills and progress to a readiness to swim.

Tiny Tots/Super Tots (3-5 years) - Students in this class will be given a fun introduction to the water with emphasis on safety and basic swimming skills including: water entry, water adjustment, breathe control, extended front/back floating with a kick, basic arm actions, underwater exploration and jumping into shallow/deep water.



Please call the Roman Plunge Swimming Pool at 656-2275 for more info.

Beginning Swim Level I (6-13 years) - Students will learn to do the following skills: adjustment to the water, water entries, breathe control, front/back float, glide/recovery, arms and breathing, jumping into shallow/deep water and swimming back to the wall, as well as basic safety and rescue.

Beginning Swim Level II (6-13 years) - Students will learn the following skills: breathe control, water entries, rhythmic breathing, underwater exploration, survival floating, beginner stroke, leveling off and swimming, combined stroke on the front and back and basic rescue and safety skills.

Beginning Swim Level III (6-13 years) - Students will learn the following skills: underwater exploration and retrieving objects, beginner stroke, dive from the side of pool from a kneeling position, treading water, changing direction and rescue and safety skills.


Beginning Swim Level IV (6-13 years) - Students will learn the following skills: rhythmic breathing, rhythmic bobbing, combined stroke on the front and back, basic fundamentals of elementary back stroke, release of cramps, changing directions, use of life jackets (PFD), as well as basic rescue breathing.

Advanced Beginners Level V (6-15 years) - Students will learn the following skills: deep-water bobbing, rhythmic breathing to the side, front crawl, survival stroke, treading water for 30-45 seconds, standing front dive, as well as basic rescue and rescue breathing skills.

Tentative Class Schedules:

Levels V & IV	(9:00 a.m. to 9:30 a.m.)
Levels IV & III	(9:35 a.m. to 10:05 a.m.)
Levels III & II	(10:10 a.m. to 10:40 a.m.)
Levels II & I	(10:45 a.m. to 11:15 a.m.)
Levels I & Tiny/Super Tots	(11:20 a.m. to 11:50 a.m.)
Tiny/Super Tots & Parent & Child	(11:55 a.m. to 12:25 p.m.)





INFORMATION TICKETS & TOURS

**Open Monday-Friday
9:30am to 4:30pm**

Closed Weekends & Federal Holidays

**Military or DoD identification cards
are required for all purchases.**

UPCOMING ITT TOURS		
JULY 1	SIX FLAGS MARINE WORLD	\$35.00
JULY 8	SAN FRANCISCO GET ACQUAINTED	\$20.00
JULY 15	HEARST CASTLE	\$35.00
JULY 22	NASA AMES SPACE CENTER	\$20.00
JULY 22	LES MISERABLES	\$52.00
JULY 29	OAKLAND A'S VS BOSTON RED SOX	\$30.00

**The ITT Office will be closed on Monday, July 3rd
& on Tuesday, July 4th.**

BASEBALL TICKETS

The ITT Office has weekend game tickets to the Oakland Athletics for just \$8.25 per ticket. Good seats are still available!

FISHING TRIPS

Sign up for local deep sea fishing trips with Randy's Fishing Trips. Prices start at \$31.00 per person and tackle and license are extra. Experience the Monterey Bay in a whole new way.

NEW MOVIE DISCOUNT TICKETS

ITT has discount tickets for Resort Theatres (Galaxy Six, Lighthouse and Crossroads Theatres). Discount tickets are \$5.50 each. Normal purchase eligibility requirements apply.

MONTEREY COUNTY FAIR TICKETS

Check with ITT for discounted tickets to the Fair which will run August 15-20, 2000.



AMUSEMENT PARK TICKETS

It's the height of the summer season for visiting amusement parks and local attractions. Make sure you stop by ITT to take advantage of it's discounted ticket prices. For example, purchasing a Great America ticket through ITT will save you \$12.49 on just one ticket! So come by and visit us, you'll be surprised at just how many tickets we have to offer!



ARMED FORCES VACATION CLUB

Take a 7-night resort getaway for only \$209.00! Come by ITT and pick up a club voucher or call 1-800-724-9988 and give them account #7033-00000. Tell them you are calling from the Naval Postgraduate School in Monterey, CA and would like the special package price. You can also reach AFVC online at www.afvclub.com.

For a current list of all discounted tickets sold through the ITT office, please visit us during business hours.

NOTICE TO TICKET BUYERS:

Vendors have the right to ask for military ID. Patrons purchasing amusement park tickets as gifts run the risk of having the ticket holder denied entry at the gate. Patrons may take non-military/DoD guests along, but the rule of thumb is 50% of each party having military or DoD ID cards and 50% without. Check with ITT before you buy.



Laguna Seca Raceway Tickets

July 6-9:



International Superbike Classic

August 18-20:

*Historic Automobile
Races*



September 8-10:

*Honda Grand Prix of
Monterey*



October 13-15:

*Monterey Sports Car
Championships*



For more info about discounted tickets and upcoming special events, please visit the ITT Office on the ground floor in Herrmann Hall (Bldg. 220) or call 656-3223.

Youth Summer Day Camp

"CAMP S.O.S."



(Summer of Smiles)



Weekly Sessions

from

June 5 to August 4

Open to Youth, Ages 6-12
(grades 1-6)

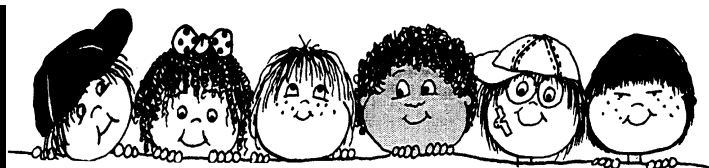
- ? Day Camp Hours: 9am-5pm (Monday – Friday)
- ? Wrap around child care available from 7:30 to 9am and 5-6pm.
- ? Camp fees are based on the Youth Center sliding fee scale. A minimum deposit of \$5 per child per week, (due at time of registration), will hold a space in our camp program.
Deposits are non-transferable and non-refundable.
- ? Camp fees cover swimming pool fees, one camp tee shirt per camper, daily snack and weekly field trips.

Camp S.O.S. is in full swing and anyone interested in having their children participate in the fun can come by and register. Our camp is full, but we have established a waiting list.

Please contact the Youth Center at 656-2127 for more details and to register your child.

The Youth Center and CDC will both be closed on Tuesday, July 4th.

Child Development Program



PART-DAY PRESCHOOL SUMMER FUN

July 10 through August 18

Children, ages 3 to 5 years are invited to come along for a summer of fun designed just for you! Sessions with developmentally appropriate activities are scheduled for either two-day or three-day morning classes.

Registration is now open and is filling up fast!! So don't delay– stop by the CDC in La Mesa for more information.

PART-DAY PRESCHOOL FALL SESSION

Begins August 28/29

Yes, it's time to think about fall enrollment for our fabulous Part-Day Preschool program for children ages 3-5 years! Our classes

Child Development Program News

ABOUT CDC

We offer developmentally appropriate child development programs in La Mesa Village for children ages 6 weeks to 5 years of age. We have full-time day care, part-day preschool and hourly care on a space-available basis.

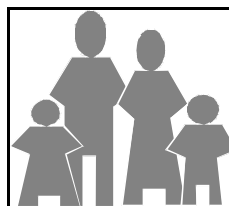
CHILD DEVELOPMENT HOMES

We have certified Child Development Home (CDH) Providers offering child care in their homes in La Mesa Village. These CDH providers have completed extensive training, are CPR/First Aid qualified and

have successfully met all background check and inspection requirements. They have fun, exciting developmentally appropriate activities planned and are eager to assist with meeting your child care needs within their home environment. A list of certified CDH providers is available for pick up at the CDC during business hours. Provider referrals may not be released by phone.

JOBS OPEN AT CDC

We are always looking for fun-loving, child-oriented, team-spirited people to join our team at the CDC!



For more info about the Child Development Program, how we can meet your child care needs and any of our upcoming special events, please call 656-2734.



? Located at the Coast Guard Pier in historic downtown Monterey.

? Reservations available Wednesday through Sunday, noon to sunset. Please call ahead to make yours.

? Nine sailboats are available for eligible patron rental. The marina may be used by active duty military, reservists, retirees and DoD employees. "Check sails" are required for boat safety, to meet local sailing regulations and for orientation prior to initial sailboat rental.

? Power boat rentals are available through Outdoor Recreation (at DLI). Please call them at 242-5506 for additional information about power boat rentals.

? For marina information, check sails, and sailboat reservations, call the Bluewater Cove Marina boathouse at 656-2159.

MEET THE FLEET

These sailboats are available for rental at Bluewater Cove Marina.

Lorraine	22ft. Capri	\$12/hr. Wed./Thurs.	\$14/hr. Fri./Sun.
Small Wonder	23ft. Ranger	\$12/hr. Wed./Thurs.	\$14/hr. Fri./Sun.
Antares	26ft. Excalibur	\$12/hr. Wed./Thurs.	\$14/hr. Fri./Sun.
Serenade	22ft. Santana	\$12/hr. Wed./Thurs.	\$14/hr. Fri./Sun.
Medora	30ft. Shields	\$12/hr. Wed./Thurs.	\$14/hr. Fri./Sun.
Storm	30ft. Shields	\$12/hr. Wed./Thurs.	\$14/hr. Fri./Sun.
Barbara	30ft. Shields	\$12/hr. Wed./Thurs.	\$14/hr. Fri./Sun.
Harriet	30ft. Shields	\$12/hr. Wed./Thurs.	\$14/hr. Fri./Sun.
Hanalei II	30ft. Buccaneer	\$14/hr. Wed./Thurs.	\$17/hr. Fri./Sun.
2000 Racing Charter Fee	\$820.00 per calendar year		

The Bluewater Cove Marina will be closed on Tuesday, July 4th.

BLUEWATER COVE MARINA PROGRAM NOTES

Summer Sailing Classes

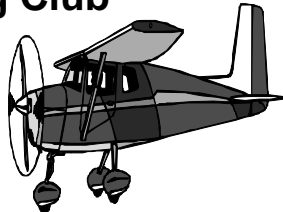
Sign up now for summer sailing classes. We now have classes scheduled for



August 19 & 20 and September 16 & 17. The cost is \$60 per student. For more info, call Bluewater Cove Marina, 656-2159.

Monterey Navy Flying Club

Located at the Monterey Airport, you will find aircraft rental and professional flight training in an informal, club-type atmosphere. For more info, call the Monterey Navy Flying Club at 372-7033.



MONTEREY PINES RV CAMPGROUND



Monterey Pines RV Campground is OPEN YEAR ROUND and is available to all active duty, reservists, retirees, family members & DoD civilians.

About Our Park

Located deep within the serene Monterey Pines Recreation Complex (Fairgrounds Road at Garden Road in Monterey.) Offered at our park are 30 full hook-ups, 8 partial hook-ups, a bathhouse and coin-op laundry facilities. Site 14 offers access for the physically challenged. Visa and Mastercard are accepted.

For advance reservations or more information, call the Monterey Pines Golf Course Pro Shop at 831/ 656-4029.

DAILY RENTAL FEES

Eligible Patron	Full Hook-Up	Partial Hook-Up
Active Duty/Reservist/Retiree/Family Member	\$14/Day	\$12/Day
DoD Civilian	\$16/Day	\$14/Day
Civilian Guest	\$18/Day	\$16/Day

MONTEREY PINES GOLF COURSE

HOURS OF OPERATION

GOLF PRO SHOP

6:30am to 8pm ~ Daily
Twilight Golf ~ 2pm to Closing

MONTEREY PINES SNACK BAR

10am-5pm ~ Daily

QUOTE OF THE MONTH



"I guess there is nothing that will get your mind off everything like golf will. I have never been depressed enough to take up the game, but they say you can get so sore at yourself that you forget to hate your enemies."

- Will Rogers

Monterey Pines Golf Course Presents:

Seven Week Summer Series

Starting Monday, July 10th-August 21st

Registration is open, so sign-up now while spaces are still available!
(Minimum of 5 participants needed.)

This seven week summer series is an introduction to the game of golf for boys and girls from the ages of 7-17 years, with or without previous golf experience, in a relaxed and fun environment held at the Monterey Pines Golf Course.

The series of lessons is held once a week, on Mondays at 10:00 a.m., for 7 consecutive weeks.

During the series, children will learn briefly about the history of the game, the rules and etiquette, the differences between golf clubs and the integral parts of a golf course, as well as swing instruction. Swing instruction will be taught during every session and will cover the fundamentals: grip, ball position, stance, alignment and swing. All the different shots necessary to play golf will be covered from putting to driving.

Following the seventh and final session, all students and their parents are invited to a luncheon barbeque and presentation ceremony.

Camp Fee: \$55.00-Military \$60.00- DoD \$65.00- Civilian

Each Camp Fee Includes: Golf Instruction, Camp Manual, Range Balls, Course Fee, MVP Award Trophy, Barbeque and Prizes.

For more information and to register your child, please call 656-2167.

THE PRO'S VIEW:

Continuing our series on how to best manage your play at Monterey Pines Golf Course, this month our focus is on:

Hole #12 157 yards Par 3

"This uphill hole plays at least one club longer. The tee shot needs to carry the bunkers fronting the green. If successful, this is where the real fun begins!

The green is two-tiered and can make putting a nightmare. It is very important to keep your shots below the pin. If your tee shot missed the green, you will probably be faced with a difficult short shot."

Remember, have fun, play smart and (most of all) enjoy the game of golf! Join us again next month when we talk about how to approach hole number thirteen. Just one last quick reminder, when you finish playing a hole, please repair your ball marks and divots. Thanks!

We look forward to seeing you on the course at Monterey Pines!



MONTEREY PINES GREENS FEES

WEEKENDS & HOLIDAYS

Military	\$13.00
DoD Civilian	\$16.00
Guest	\$26.00
Junior Military	\$6.00
Junior DoD	\$7.00
Junior Guest	\$8.00

MONDAY-FRIDAY

Military	\$11.00
DoD Civilian	\$13.00
Guest	\$19.00
Junior Military	\$6.00
Junior DoD	\$7.00
Junior Guest	\$8.00

MID-DAY (1-3pm)

Military	\$9.00
DoD Civilian	\$11.00
Guest	\$16.00
Junior Military	\$6.00
Junior DoD	\$7.00
Junior Guest	\$8.00

TWILIGHT (3pm-closing)

Military	\$8.00
DoD Civilian	\$9.00
Guest	\$12.00
Junior Military	\$6.00
Junior DoD	\$7.00
Junior Guest	\$8.00

Golf Tournament News

"Scramble at the Pines"

All Military, Active/Retired/Reservists and DoD Civilians are encouraged to join us each Friday, from 12 noon until 3pm for a four person nine hole scramble. We will play some golf, compete for prize money, and **Have A Lot of Fun!!**

? **Cost: \$5.00 per person** (does not include green fees).

? **Team Composition:** Pick your own team or we will pick one for you.

? **Rules and Requirements:**

- 1) Every player must have one drive off the tee used during the round
- 2) Must hole out on each green
- 3) Must be willing to enjoy the afternoon outdoors
- 4) Management will select which nine holes will be played each week

Good Luck and we'll see you soon!

NAVAL POSTGRADUATE SCHOOL (Area Code 831)

MWR (NPS) Intranet Events Calendar ~ <http://onboard.nps.navy.mil/intra/>

INFORMATION, TICKETS & TOURS – Herrmann Hall ground floor (Bldg. 220) across from NFCU. Open 9:30am-4:30pm, Monday through Friday. Closed weekends and federal holidays. Phone: 656-3223.

EL PRADO DINING ROOM - Herrmann Hall ground floor (Bldg. 220). Open Monday through Friday. Closed Saturdays and federal holidays. Phone: 656-2170. Hours of Operation:

Ala Carte Breakfast: 6:45-10:45am Weekdays

Hot Breakfast: 6:45-8:30am Weekdays

Lunch: 10:45am-2pm Weekdays

Dinner: See Trident Room listing below.

Champagne Brunch: 10am-2pm Sundays

TRIDENT ROOM – Herrmann Hall ground floor (Bldg. 220). Open Monday through Friday. Closed weekends and most federal holidays. Phone: 656-2170. Hours of Operation:

Beverage Service: 4-11pm Monday-Wednesday

3-11pm Thursday & Friday

Dinner service: 4-9pm Monday through Friday

CLUB DEL MONTE / CATERING SALES OFFICE – Herrmann Hall ground floor across from the Trident Room (Bldg. 220). Open Tuesday through Friday, 8am to 4:30pm. Closed weekends and federal holidays. Phone: 656-1049.

MWR ADMINISTRATIVE OFFICES – Herrmann Hall ground floor across from the Trident Room (Bldg. 220). MWR Offices are open weekdays, 8am-4:30pm. Closed weekends and federal holidays. Phone: 656-2432.

MONTEREY BAY ATHLETIC CLUB – (Bldg. 239). Hours of Operation: Open Monday through Friday, 5:30am-9pm; Saturday, 8am-5pm; and 10am-5pm on Sundays and most federal holidays. Phone: 656-3118.

ROMAN PLUNGE SWIMMING POOL – (Bldg. 210) Hours of Operation: Open Tuesday through Friday, 11am-1pm (Lap Swim); 1-7pm (Recreational Swim); Saturday/Sunday, Noon-6pm (Recreational Swim); Closed on Monday. Phone: 656-2275.

CHILD DEVELOPMENT CENTER – La Mesa Village next to La Mesa Elementary School. Open 7:30am to 5:30pm, Monday through Friday. Closed all federal holidays. Phone: 656-2734.

CHILD DEVELOPMENT HOMES– Available within La Mesa Village. Contact the Child Development Center for information. Phone: 656-2734.

YOUTH CENTER – La Mesa Village, Sylvan at Leahy. Open for School Age Care, Monday through Friday, 7:30-8am and 2-6pm. Special camps offered for school breaks (all seasons) & teacher in-service days. Closed all federal holidays. Phone: 656-2127.

MONTEREY PINES GOLF COURSE – Fairgrounds Road at Garden Road by the Monterey County Fairgrounds. Open daily, 6:30am-8pm, including most federal holidays. Hours vary seasonally. Phone: 656-2167.

MONTEREY PINES RV CAMPGROUND – Fairgrounds Road at Garden Road by the Monterey County Fairgrounds. Open daily. Phone: 656-4029.

BLUEWATER COVE MARINA – On the Coast Guard pier, downtown Monterey. Open noon to sunset, Wednesday-Sunday by reservation. Closed all federal holidays. Phone: 656-2159.

MWR BUSINESS OFFICE – Herrmann Hall ground floor (Bldg. 220), next door to ITT. Open Monday through Friday, 8am-4:30pm. Closed weekends and all federal holidays. Phone: 656-5234.

MWR PERSONNEL OFFICE – Herrmann Hall ground floor (Bldg. 220), through the doorway next to ITT. Open Monday through Thursday, 8am-4:30pm. Closed Friday-Sunday and all federal holidays. Phone: 656-3102.

MWR MARKETING OFFICE – Herrmann Hall ground floor (Bldg. 220), through the door next to ITT. Open Monday through Friday, 8am-4:30pm. Closed weekends and all federal holidays. Phone: 656-5235.

MONTEREY NAVY FLYING CLUB – At the Monterey Airport. Open daily, 9am-5pm. Phone: 372-7033.

Have a safe and fun Independence Day!



Peacock Press

Morale, Welfare and Recreation Department
Naval Postgraduate School
1 University Circle
Monterey, CA 93943-5000